

## About **TCAC**

**Tyler Counseling & Assessment Center, L.L.P.\*** is a group of independent/non-employee mental health practitioners.

**TCAC** is staffed by 12 licensed specialists in the fields of psychiatry, counseling, psychology, school psychology, education, & clinical social work.

**TCAC** has been serving Tyler and East Texas for over 27 years.

**TCAC** provides services to: Adults, Adolescents, Children, Families, & Couples.

**TCAC** accepts Medicare, Medicaid, Children's Health Insurance Program, and health insurance.

Free parent education programs are offered on a monthly basis in conjunction with **Parent Services Center of Tyler, Inc.** Call **903-595-2235** for the next workshop date or to receive a Calendar of Events.

**TCAC** offers **Professional Education Programs** & professional speakers for conferences, churches, and schools. Call **903-581-0933** for more information or to schedule a speaker.

**Ron L. Roberts, M.S., P.C.**  
**Center Director**

**Mark Cartwright, Ph.D.**  
**Consulting Psychologist**

\*Tyler Counseling & Assessment Center, LLP is a limited liability partnership of Ron L. Roberts, M.S., P.C., & Carolyn Sowell, M.S., P.C., Professional Corporations.

## **(TCAC) TYLER COUNSELING & ASSESSMENT CENTER, LLP**

"Giving East Texans a little help along the way."



Adult, Adolescent, & Children  
Psychological Testing  
Marriage & Family  
Attachment Disorder  
Adoption Home Studies  
Developmental Disorders  
Educational Testing  
Trauma Recovery  
Anxiety & Depression  
Behavioral Problems  
Dyslexia & ADHD  
Bipolar Disorder  
Depression

### **TYLER COUNSELING & ASSESSMENT CENTER, LLP** **TCAC**

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# Dyslexia

## What is dyslexia?

Dyslexia is a language-based learning disability. Dyslexia refers to a cluster of symptoms, which result in people having difficulties with specific language skills, particularly reading. Students with dyslexia may experience difficulties in other language skills, such as spelling, writing, and speaking.

## What should an evaluation include?

The expert evaluator will conduct a comprehensive assessment to determine whether the person's learning problems may be related to other disorders. Attention deficit hyperactivity disorder (ADHD), affective disorders (anxiety, depression), central auditory processing dysfunction, pervasive developmental disorders (i.e., Asperger's Disorder or Autism), and physical or sensory impairments are among the other causes of learning problems that a competent evaluator will consider in making the diagnosis of dyslexia.

## If my child is dyslexic what can be done?

Schools can implement academic modifications to help dyslexic students succeed. For example, a student with dyslexia can be given extra time to complete tasks, or help with taking notes, and/or appropriate work assignments. Teachers can give taped tests or allow dyslexic students to use alternative means of assessment. Students can benefit from listening to books-on-tape and from writing on computers. Students may also need help with emotional issues that sometimes arise as a consequence of difficulties in school. Mental health specialists can help students cope with their struggles.

*TCAC thanks the International Dyslexia Association (IDA) for assistance with the preparation of this fact sheet. For more information about dyslexia and other learning related disorders or to make an appointment for a consultation and/or testing call 903-581-0933.*

# What is Counseling?

## Counseling is:

A voluntary activity where you decide if you want to return for more sessions. Counseling may be short-term or intermittent. Consulting confidentially about a situation, problem, relationship, family issue or habit you want to change. A positive step when you are concerned about what to do. An educational and growth-oriented experience. A cooperative venture between your counselor and you. Counseling is goal-oriented.

## Counseling is not:

A passive process where someone "fixes" you. It is not someone else taking charge of your life and making decisions for you.

## Reasons to seek counseling:

- ◆ Feeling depressed, down or blue
- ◆ Eating disorders and poor body image
- ◆ Stress and anxiety
- ◆ Poor social skills
- ◆ Anger Management
- ◆ Date rape/sexual assault
- ◆ Time management difficulties
- ◆ Problem solving
- ◆ Social isolation
- ◆ Family problems
- ◆ Grief and loss
- ◆ Gender related issues
- ◆ Sexual issues

**TCAC** offers a broad range of psychological and educational testing. Testing services include, assessment for learning disabilities, ADHD, Asperger's Disorder, Dyslexia, psychological evaluations, pre-operative and wellness evaluations, employee and vocational assessment.

**TCAC** offers multi-generational services. With counseling

# TCAC offers...

available to all ages and assessment from 2.5 to 79 years of age.

**TCAC** offers pre-adoptive home studies and parent coordination services are also available.

## TCAC & Associated Professionals

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